

PROFESSIONAL DISCLOSURE STATEMENT

Vermont Board of Allied Mental Health Practitioner

Disclosure Requirements

Psychotherapists

Vermont law requires persons placed on the Roster of Psychotherapists to disclose to each client his or her professional qualifications and experience, those actions that constitute unprofessional conduct, and the method for filing a complaint or making a consumer inquiry. This must be done by the third appointment.

Education:

Johnson State College. Graduated with Masters Degree in Clinical Mental Health Counseling May 2015.

Champlain College. Graduated with Associates Degree in Communications & Public Relations May 1997. Graduated with Bachelors in Marketing in May 2000.

Internship:

_09/02/2014- 12/15/2014 Northeast Kingdom Human Services CRT program. Case Management for those living with severe and persistent mental illness in the community. Duties included coordination of appointments with multiple providers, employment counseling and providing psychotherapy.

01/12/2015-07/06/2015 Another Way Community Center, Montpelier Vermont. Worked as a peer support specialist under Intentional Peer Support Model. Provided individual peer support, facilitated a weekly support group and wellness drumming group.

Training:

6/3-6/4/2021 Certified Clinical Trauma Professional (CCTP). Facilitator Eric Gentry PhD, LMHC. 10 core competencies for assessment, treatment planning and interventions in trauma treatment. Renewed CCTP certification from the International Association of Trauma Professionals.

4/2/2021 ASAM Criteria, Assessing the level of care needs in Substance Use Disorders and Co-Occurring Disorders. Facilitated by Kurt White LICSW, LADC, MAC, CGP. For Vermont Addiction Professionals Association (VAPA).

03/2020 Emotional Freedom Techniques (EFT) Experiential Course; Rapidly Improve Treatment Outcomes and Reduce Symptoms of PTSD, Anxiety, Depression and Pain. Facilitator Bonnie Grossman. LPC. Completed all requirements.

06/2019 Certified Clinical Trauma Professional (CCTP). Facilitator Robert Rhoton PsyD, LPC. Core competencies for treating trauma; treatment planning, assessment, and interventions. Received CCTP certification from the International Association of Trauma Professionals.

05/19 Neurosequential Model of Therapeutics. Facilitated by Dr. Bruce Perry, MD, PhD. Hosted by NFI Vermont. Exploring principles of sequential brain development and relational health. Implications for assessment and intervention when dealing with abuse and neglect. Certificate of Completion.

01/25/17- Gabor Mate presents The Hungry Ghost: A Biopsychosocial Perspective on Addiction and When the Body Says No: Mind/Body Unity and the Stress Disease Connection. Presented by Dr. Gabor Mate. Facilitated by The Howard Center, Burlington VT. Certificate of Completion.

6/12/16-6/17/16 Vermont Recovery Coach Academy. Facilitated by Vermont Association of Mental Health and Addiction Recovery. Learn guiding principles, standards, ethics and best practices. Certificate of Completion.

4/4/2016 Vermont Department of Health. Community Solutions to the Opiate Issues. Keynote Speaker Dr. Stephen Leffler, MD, Chief Medical Officer University of Vermont Medical Center.

05/17/16 National Alliance on Mental Illness (NAMI) "Pathways to Wellness" conference. Lake Morey Conference Center. Keynote Speaker Robert Whittaker. "Rethinking Psychiatric Care: History, Science, and the Long-term Effects of Psychiatric Medications.

5/24/16 Neurosequential Model of Therapeutics. Facilitated by Dr. Bruce Perry, MD., PhD. Hosted by NFI Vermont. Explore and gain better understanding of the impact of toxic stress and childhood trauma through a neurosequential lens of brain development. Certificate of Completion.

8/27/15 Dr. Bessel Van Der Kolk "The Body Keeps the Score, Mind, Body and Brain in the healing of Trauma". Gain greater understanding of the neurobiological impacts of trauma and explore methods for assessment and treatment. Certificate of Completion.

5/18/2015-5/22/2015 Intentional Peer Support (IPS) Core Competencies training. Certification in IPS core competencies. www.intentionalpeersupport.org

2/6/2015-3/6/2015 Wellness Recovery Action Plan (WRAP) training. Montpelier, VT. Facilitated by the Copeland Center for Wellness and Recovery, Brattleboro VT. All core WRAP competencies; Certification in WRAP facilitation. www.copelandcenter.com

11/22/14 Trauma Therapy for Co-Occurring disorders Howard Center Burlington VT Trauma informed therapy techniques, differential diagnosis. Certificate of Completion.

11/14/14 Bridging the Divide; VT SBIRIT Model in Primary Care. Facilitated by UVM Medical Center. Brief Intervention techniques for Mental Health and Substance Abuse in Primary Care. Certificate of Completion.

Work experience

10/1/2017-Present Private Practice Mental Health Counseling at Rhythm Recovery PLLC, St. Albans VT.

3/1/2016-6/1/2017 Private Practice Mental Health and Substance Abuse Counseling at St. Johnsbury Psychology Associates, St. Johnsbury VT.

3/01/15-5/01/16 Vermont Association of Mental Health and Addiction Recovery Trainer. Trained human service professionals around the state of Vermont on topics of Group Facilitation, Motivational Interviewing and Secondary Trauma/Compassion Fatigue.

10/1/2015-1/1/2017 Another Way Community Center employment specialist. Worked with area employers to develop relationships for placements for job seekers affected by mental illness, poverty, housing insecurity and addiction issues. Worked one on one with job seekers providing employment counseling, transportation, and other employment supports.

My practice is governed by the Rules of the Board of Allied Mental Health Practitioners. It is unprofessional conduct to violate those rules. A copy of the rules are on the following page and may also be obtained from the Board or online at <http://vtprofessionals.org>.

My signature indicates I have had the opportunity to review the Professional Disclosure Statement for Trevor Jewett MA by the end of our third session. and have been given the opportunity to ask questions.

X

Client or legal guardian

(Cite as: 26 V.S.A. § 4093)

§ 4093. Unprofessional conduct

(a) Unprofessional conduct means the following conduct and conduct set forth in 3 V.S.A. § 129a:

- (1) Providing fraudulent or deceptive information in an application for entry on the Roster.
- (2) Conviction of a crime that evinces an unfitness to practice psychotherapy.
- (3) Unauthorized use of a protected title in professional activity.
- (4) Conduct that evidences moral unfitness to practice psychotherapy.
- (5) Engaging in any sexual conduct with a client, or with the immediate family member of a client, with whom the psychotherapist has had a professional relationship within the previous two years.
- (6) Harassing, intimidating, or abusing a client.
- (7) Entering into an additional relationship with a client, supervisee, research participant, or student that might impair the psychotherapist's objectivity or otherwise interfere with his or her professional obligations.
- (8) Practicing outside or beyond a psychotherapist's area of training, experience, or competence without appropriate supervision.

(b) After hearing, and upon a finding of unprofessional conduct, the Board may take disciplinary action against a rostered psychotherapist or an applicant. (Added 1993, No. 222 (Adj. Sess.), § 17; amended 1997, No. 40, § 71; 1997, No. 145 (Adj. Sess.), § 61; 1999, No. 52, § 37.)